

# COACHING FOR PARENTS...

Becoming actively involved in your kids tee-ball team is a great way for parents to spend quality time with the kids. No experience is necessary to be a Coach or Assistant Coach in tee-ball. We can provide you with TBAWA accredited training, however all you really need is a *willingness to give what you can* - just as we ask of the kids.

As a Coach you will lead the development of the kids into the game of tee-ball. This includes the preparation and running of the mid week training session (and convincing as many of the other parents as possible to help out!). On game day it's hand on with responsibility for ensuring the team takes the right field position and helping keep them focused, "gloves ready, watching the ball".

The following information provides some basic coaching tips for effectively managing a small group of children:

- Keep the kids active at all times. The easiest way to accomplish this is to split the team into small groups of three or four and engaging assistance from parents to run drills.
- Keep the activities short. If you want to focus on throwing and catching for example, try several varied 10 minute drills instead of one half our drill.
- Maximise the practical work time. keep the instruction short, simple and concise; often demonstrating what you want the kids to do is effective.
- Have children sit down or "take a knee" and face you. get their attention before giving instruction.
- Minimise distractions by assembling away from other noise or something going on behind the coach.
- Maintain order by establishing clearly what is expected in regards to:
  - Behaviour
  - Sportsmanship
  - Punctuality
  - Cooperation
- Explain to players the consequences of their actions and reasoning behind each of the rules, and be consistent and follow through with consequences to a child's actions.
- Get the other parents involved. The kids love the opportunity to have a scratch match V's the parents.
- Spend a couple of minutes at the end of training reminding everyone where the next game (diamond number) and what time you are expecting them. It is a good idea to have the kids arrive 30 mins before the game to give you enough time to assign the batting order and warm up.
- Remember the kids will follow your lead on game day, so if you come up against a competitive Coach who is there for different reasons than you. Be the bigger person - you are there for the kids and they are there to have fun!



For more information please contact the coaching coordinator at [coaching@morleyeaglesteeball.org](mailto:coaching@morleyeaglesteeball.org)